#### Introduction

Nunkuwarrin Yunti is the largest Aboriginal community controlled health organisation in South Australia. We offer a wide range of primary health, social & emotional wellbeing, health promotion and health training & development services to Aboriginal & Torres Strait Islander people.

## **Family Partnership Program**

The Family Partnership Program is a health promotion Home Visiting program for first time mums (or first time to parent) who are having an Aboriginal baby to improve their own life outcomes and those of their baby.

## **Program Aims**

The Program aims to:

- Improve outcomes in pregnancy by improving women's pre-natal health
- Improve outcomes for child health and development by helping mothers to provide more skilled parenting; and
- Support mothers to plan for their future including competing education and / or finding work

## What's involved?

 Women are visited by an Aboriginal Family Partnership Worker and Nurse Home Visitor during pregnancy from 16 weeks of age and the first 2 years after birth of the baby.

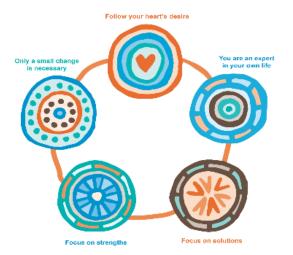
- Women are provided with information and education on staying well during pregnancy and infant and child health and development
- Opportunities to join group sessions, activities and peer support.

## **Program Eligibility**

- First time mother (or the first opportunity to parent)
- Having an Aboriginal or Torres Strait Islander baby
- Less than 26 weeks pregnant
- Participating on a voluntary basis

# **Program Principles**

We walk alongside the women and their families throughout their journey from pregnancy to parenthood following these five client-centred principles:



## **Program Referrals**

Women or family members can ask about joining the Program by calling (08) 81505000 or emailing us at <u>nyfpp@nunku.org.au</u>. They can also ask their health professionals to refer them - or service providers can refer with their consent.

An Aboriginal Family Partnership Worker will then arrange to visit the women to provide more information about the program.

# **Referral pathways**

We can assist families to access other services including:

- Strong Mums Solid Kids program
- Social Emotional Wellbeing practitioners
- Tackling Tobacco and Healthy Lifestyles
- Harm minimisation support and counselling
- GP services
- and other services such has housing, child care, Centrelink, birthing hospitals and other services that families may need

The Nunkuwarrin Yunti Family Partnership Program is part of the Australian Nurse-Family Partnership Program



#### **Need more information?**

For further information contact us at

#### 141 Henley Beach Road, Mile End

Tel: (08) 8150 5000 Fax: (08) 8150 5050 Email: <u>nyfpp@nunku.org.au</u> Office Hours: Mon-Fri 9.00-5.00pm



Australian O O O O O O O Australian Partnership Program



\*Not all services available at all sites, please contact us for more information

## CONTACT US AT 182-190 Wakefield Street, Adelaide

Tel: (08) 8406 1600 Fax Clinic: (08) 8223 7658 Fax Centre & Link-Up: (08) 8232 0949 Office Hours: Mon-Fri 9.00-5.00pm



#### 28-30 Brady St, Elizabeth Downs

Tel: (08) 8254 5300 Fax: (08) 8254 9182 Office Hours: Tues-Fri 9.00-5.00pm



#### 80 South Terrace, Adelaide

Tel: (08) 8168 8300 Fax: (08) 8212 6777 Office Hours: Mon-Fri 9.00-5.00pm

#### 94 Grand Junction Road, Kilburn

Tel: (08) 8406 1600 Fax: (08) 8169 7210 Office Hours: Mon-Fri 9.00-5.00pm



#### 141 Henley Beach Road, Mile End

Tel: (08) 8150 5000 Fax: (08) 8150 5080 Office Hours: Mon-Fri 9.00-5.00pm



#### 17 Beach Road, Christies Beach

Tel: (08) 8392 3500 Fax: (08) 8392 3580 Office Hours: Mon-Fri 9.00-5.00pm



# FAMILY PARTNERSHIP PROGRAM

Updated 16/11/2018