

Other Contacts Available:

**Alcohol & Drug Information Service
(ADIS)**

Hours: 8.30am – 10.00pm

**Confidential telephone counselling &
information 7 days per week**

1300 131340

*Not all services available at all sites, please
contact us on 08 8406 1600 for more information.

CONTACT US AT:

182-190 Wakefield Street, Adelaide

Tel: (08) 8406 1600

Fax Clinic: (08) 8223 7658

Fax Centre & Link-Up: (08)
8232 0949

Office Hours:

Mon-Fri 9.00-5.00pm



28-30 Brady St, Elizabeth Downs

Tel: (08) 8254 5300

Fax: (08) 8254 9182

Office Hours:

Tues-Fri 9.00-5.00pm



80 South Terrace, Adelaide

Tel: (08) 8168 8300

Fax: (08) 8212 6777

Office Hours:

Mon-Fri 9.00-5.00pm



94 Grand Junction Road, Kilburn

Tel: (08) 8406 1600

Fax: (08) 8169 7210

Office Hours:

Mon-Fri 9.00-5.00pm



141 Henley Beach Road, Mile End

Tel: (08) 8150 5000

Fax: (08) 8150 5080

Office Hours:

Mon-Fri 9.00-5.00pm



17 Beach Road, Christies Beach

Tel: (08) 8392 3500

Fax: (08) 8392 3580

Office Hours:

Mon-Fri 9.00-5.00pm



Nunkuwarrin Yunti of South Australia Inc.

182-190 Wakefield Street, Adelaide, South Australia 5000

Postal Address: PO Box 7202 Hutt Street, Adelaide SA 5000

Tel: (08) 8406 1600 Fax: (08) 8232 0949 Health Fax: (08) 8223 7658

Email: nunku@nunku.org.au www.nunku.org.au



Nunkuwarrin Yunti
working together
for the benefit of Aboriginal Health



**HARM MINIMISATION
TEAM (HMT)**



Harm Minimisation Team (HMT)

The Harm Minimisation Team aims to build safe and healthy Aboriginal and Torres Strait Islander communities by minimising the harm that substance use has on individuals, families and communities.

The program provides support to Aboriginal and Torres Strait Islander people and their partners who are 18 years or older who have an alcohol and other drug problem, or are at risk of or living with a blood borne virus.

Services include:

- Clean Needle program
- Case Management
- Narrative Counselling
- Therapeutic Groups (SMART Recovery)

Case Management Services

City/Elizabeth/Christies Beach

- Health Education / Information
- Promote access & provide information on community services and support groups
- Referral/Advocacy
- Social Support and Case Management
- Intensive support to individuals and families affected by substance misuse
- Referral/advice and support for blood-borne viruses & drug treatment options.

Narrative Therapy Counselling:

- 1:1 counselling for individuals, family and or group sessions, as required.
- Aims to develop confidence and strength in dealing with life's challenges and stressful situations.

Therapeutic Groups

SMART Recovery groups

Smart groups help with addiction. Guided by peers and professionals, members learn to help themselves and each other and give up behaviours that lead to problems.

Held at Nunkuwarrin Yunti's Elizabeth, City and Christies Beach Sites, uses motivational techniques and cognitive behaviour therapy.

Men and Women are welcome! Contact us on 84061600.

Clean Needle Program Services

Place:

182-190 Wakefield St, Adelaide SA 5000.
9:00 am – 1:30pm
2:00pm – 5:00pm Monday - Friday

Outreach locations:

Hutt Street (Corner of South Terrace and Hutt Street / One Tree Park Number 18)
11:00 am – 12:00 pm daily

Wright Street: At front of West Care Day Centre
12:00pm - 1:30 pm daily

For more information about the Harm Minimisation Team, services available and to access referral forms:

Contact Trish Hickey on

8406 1600 or trishh@nunku.org.au