



Approval Date	28/11/2018	Review Date	27/11/2019
Responsible Manager	Team Manager, Harm Minimisation Team		

## Harm Minimisation Team External Referral Form

The Harm Minimisation Team provides support to individuals who have or are at risk of substance misuse. If you do not have a concern about substance misuse for your client, do not complete this form. For further information please contact the Harm Minimisation Team or contact Trish Hickey Team Manager on **84061600**.

**Please fax all referrals to Trish Hickey (08)8223 7658**

Client Information			
<b>Given Names</b>	_____	<b>Family Name</b>	_____
<b>Gender</b>	<input type="checkbox"/> Female	<input type="checkbox"/> Male	<input type="checkbox"/> Other: _____
<b>Please tick one</b>	<input type="checkbox"/> Aboriginal	<input type="checkbox"/> Torres Strait Islander	<input type="checkbox"/> Aboriginal and Torres Strait Islander <input type="checkbox"/> Non- Indigenous
<b>Contact Address</b>	_____		
<b>Suburb / Town</b>	_____	<b>Postcode</b>	_____
<b>Type of Address</b>	<input type="checkbox"/> Home	<input type="checkbox"/> Mail	<input type="checkbox"/> Temporary
<b>Contact Number</b>	_____	<b>Date of Birth</b>	____/____/____

Referral Information	
<b>Date of Referral</b>	____/____/____
<b>Date Referral Received</b>	____/____/____
<b>Referrer Name</b>	_____
<b>Referrer Position</b>	_____
<b>Organisation</b>	_____
<b>Contact Number</b>	_____
<b>Reason for Referral:</b> <i>What does your client expect from this referral? Please state type of support required: Including history, health status, support networks, other agencies involved, physical or mental health issues and any risk issues for client or workers)</i>	
_____	
_____	
_____	
<b>List substances of concern.</b> <i>For example, cigarettes, methamphetamines, alcohol etc.</i>	
_____	
_____	
<b>Is this client mandated?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Is participation compulsory?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>If yes, provide details:</b> <i>Who is the regulatory body? What are the conditions of the order? What services are involved? Any other relevant information</i>	
_____	
_____	
<b>Is the client working with any other organisations?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>If yes, provide details:</b> <i>the name of the organisation, worker/s and contact details</i>	
_____	
_____	
<b>Has the client given consent for this referral?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No

# Harm Minimisation Team – Frequently Asked Questions

## What is Harm Minimisation?

Harm Minimisation addresses alcohol and other drug use by reducing the harmful effects of alcohol and other drugs on individuals and community. Harm Minimisation acknowledges that some people in society will use alcohol and other drugs, so programs such as ours create supports around funding requirements and policies which aim to prevent or reduce drug or alcohol related harms.

## What can you expect from Harm Minimisation team members?

You can expect that Harm Minimisation team members will meet a referred client with a *strong emphasis on Person Centred Approaches* ensuring that a member referred to our program will be met and supported where they are at in their personal stage of change.

Our team members will work to support, develop and build referred client's sense of personal agency. Support their individual safety and health plans around what their harm reduction map will look like for themselves their families and community. We use a person-centred approach which focuses on the individual when discussing alcohol and other drugs rather than focussing on the substance abuse

## Who can access the program?

Harm Minimisation program provides support to Aboriginal and Torres Strait Islander people, individuals and their partners who are 18 years or older, who have an alcohol and other drug problem use, or are at risk of living with a blood borne virus.

## What services does Harm Minimisation program include?

### Clean Needle Program

Our Clean Needle program provides a range of services that include provision of sterile injecting equipment, education on reducing drug use, health information, and referral to drug treatment, medical care and legal and social services. We distribute and provide injecting equipment including needles, syringes, swabs, vials of sterile water and 'sharps bins' for the safe disposal of used needles and syringes. This is a harm reduction initiative that has proven not to increase drug use.

### Case Management

We provide health education and information, promote access and offer information on community services and support groups. Referral, advocacy, social support and case management intensive support are provided to individuals and families affected by substance misuse, blood-borne viruses and drug treatment options such as setting goals with individuals to reduce barriers to treatment and reduce the effects that drug and alcohol can have on their life.

### Narrative Counselling

One to one counselling or family and group sessions as required. Our purpose is to develop confidence and strength in dealing with life challenges and stressful situations.

### Therapeutic Groups:

- **Smart Recovery** – Group or one to one work with the Aboriginal and Torres Strait Islander Smart Handbook with information and tools to help with harmful habits and behaviours.

**(Smart Recovery Australia attendance and participation sheets can be stamped by group facilitators to confirm attendance)**