

Harm Minimisation Team

The Harm Minimisation Team aims to build safe and healthy Aboriginal and Torres Strait Islander communities by minimising the harm that substance use has on individuals, families and communities

The program provides support to Aboriginal and Torres Strait Islander people and their partners who are 18 years or older who have an alcohol and other drug problem, or are at risk of or living with a blood borne virus.

Services include:

- Clean Needle program
- Case Management
- Living Well, Staying Strong groups
- Narrative Counselling
- Therapeutic Groups
(SMART Recovery and Relapse Prevention)

Case Management Services

City/Elizabeth/Christies Beach

- Health Education / Information
- Promote access & provide information on community services and support groups
- Referral/Advocacy
- Social Support and Case Management
- Intensive support to individuals and families affected by substance misuse.
- Referral/advice and support for blood-borne viruses & drug treatment options.

Narrative Therapy Counselling:

- 1:1 counselling, family and or group sessions as required.
- To develop confidence and strength in dealing with life's challenges and stressful situations.

Therapeutic Groups

Relapse prevention

Supports participants to give up or cutback on drug or alcohol use and gives men and women new ways to manage addiction.

Run at Nunkuwarn Yunti's Elizabeth, City and Christies Beach sites, this group will help you get back on track, manage stress and support lifestyle changes.

Men and Women are welcome contact us on 84061600

SMART Recovery groups

Smart groups help with addiction. Guided by peers and professionals, members learn to help themselves and each other and give up behaviours that lead to problems.

Run at Nunkuwarn Yunti's Elizabeth, City and Christies Beach Sites, using motivational techniques and cognitive behaviour therapy.

Men and Women are welcome contact us on 84061600

Living Well, Staying Strong Program

This program will be running a number of activities for community members who are experiencing mental health and/or alcohol and other drug challenges.

Activates include, nutrition and cooking sessions, Mindfulness, men's and women's healing days, art therapy, information sessions and much more

If you would like to join one of the activities or would like to refer someone to an activity please complete an Activity Registration Form which can be found under 'Forms' in the 'Resources' tab on our website:
www.nunku.org.au.

Clean Needle Program Services

Place:

182-190 Wakefield St, Adelaide SA 5000.
9:00am – 1:30pm
2:00pm - 5:00pm

Outreach locations:

Wright St: at front of West Care Day Centre
12:00pm - 1:00pm daily

Hutt St:

9.30am – 10.30am daily

For more information about the Harm Minimisation Team, services available and to access referral forms:

Contact Trish Hickey on

8406 1600 or trishh@nunku.org.au

Other Contacts Available:

Alcohol & Drug Information Service (ADIS)

Hours: 8.30am – 10.00pm

Confidential telephone counselling & information 7 days per week

1300 131340

*Not all services available at all sites, please contact us on 08 8406 1600 for more information.

CONTACT US AT

182-190 Wakefield Street, Adelaide

Tel: (08) 8406 1600

Fax Clinic: (08) 8223 7658

Fax Centre & Link-Up:
(08) 8232 0949

Office Hours:
Mon-Fri 9.00-5.00pm



28-30 Brady St, Elizabeth Downs

Tel: (08) 8254 5300

Fax: (08) 8254 9182

Office Hours:
Tues-Fri 9.00-5.00pm



80 South Terrace, Adelaide

Tel: (08) 8168 8300

Fax: (08) 8212 6777

Office Hours:
Mon-Fri 9.00-5.00pm



94 Grand Junction Road, Kilburn

Tel: (08) 8406 1600

Fax: (08) 8169 7210

Office Hours:
Mon-Fri 9.00-5.00pm



141 Henley Beach Road, Mile End

Tel: (08) 8150 5000

Fax: (08) 8150 5080

Office Hours:
Mon-Fri 9.00-5.00pm



17 Beach Road, Christies Beach

Tel: (08) 8187 3400

Fax: (08) 8187 3480

Office Hours:
Mon-Fri 9.00-5.00pm



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TEAM**