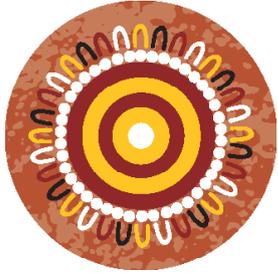


January - July 2018



Newsletter

CEO Welcome



Greetings

This year is flying by! Spring is just around the corner and much excitement is on the horizon for Nunkuwarrin Yunti. We have had quite a year so far and we are not slowing down anytime soon. In this edition I am delighted to present some of the activities and programs that we continue to provide to build a broader awareness and support for a stronger community.



Mr Jeffrey Newchurch is our newest Board Member and is a Narrunga Kurna man and respected Elder. He was born and raised in Point Pearce and has been working closely with archaeologists, the museum and the state government on the Aboriginal repatriation program, which involves the reburial of Aboriginal remains after burial sites have been disturbed during excavations. Jeffrey expresses the importance of family and country to Aboriginal people and the cultural significance of life events such as funerals and how important it is to do it "our way".

I would also like to apologise for any inconvenience during our 2nd Stage of our renovations which will commence during the months of August through to end of November 2018. It will include remodelling new staff workstations, remodelling the main front entrance for automatic doors, installation of a new lift and laying new front foyer floors. We ensure all necessary steps are taken to minimise impact and safe care for clients and staff. Plans are available at front foyer.

A special thank you to the community & stakeholders, without who we would not exist and who trust us with their health care needs and support us in working towards a better future for us all.

Most sincerely
Vicki Anne Holmes, CEO



Towilla Purruittiappendi

Early this year the Women's Healing Group joined forces with the Link-Up SA Men's Group to work together on a joint project in the making and designing of clap sticks for the 10th Anniversary of the National Apology. This was a significant event for the community and Aboriginal people nationwide, and both the Women's Group and Men's Group worked with pride in creating these clap sticks. The Women and Men were then invited to be a part of the Community Event and Peaceful Walk to Honour the Stolen Generations from Victoria Square to Veale Gardens on Tuesday 13 March 2018. The clap sticks could be heard throughout the walk by all and was a powerful component of this anniversary event.



Redress Scheme announced



A recently announced National Redress Scheme will provide government support to people who have experienced institutional child sexual abuse.

Around 14% of survivors of institutional child sexual abuse are/were Aboriginal and Torres Strait Islander people.

The National Redress Scheme is in response to the Royal Commission into Institutional Responses to Child Sexual Abuse. It will provide support to people who experienced institutional child sexual abuse. Support services can include practical and emotional support, legal advice, and financial counselling.

The Scheme started on 1 July 2018, and will run for 10 years. Applications can be made any time before 30 June 2027. For more information, [click here](#).

Harm Minimisation

The Harm Minimisation Team hosted our first Deadly Community BBQ for 2018 at the beautifully central Iparrityi (Whitmore Square) on Friday 16th February 2018 kicking off at 11.30am and winding up by 2pm. The late morning afternoon event saw many of our local community members enjoy music, small health promotional give away packs and a fabulous fashionable clothing clearance.

After a request was sent out to all staff across Nunquwarrin Yunti sites, we received an overwhelming response from our amazing colleagues. This made for a very full clothing stall and allowed many visitors to leave with a bag of second hand treasures.

This particular event allowed visits from stake holders and many of our most vulnerable community members received a delicious BBQ lunch along with some one on one engagement from our team members. The Harm Minimisation Team want to especially thank our colleagues for the response and the donations it was a true success.

Our community members are always grateful for the support.

If you or anyone you know would like to change their drug or alcohol use please call the Harm Minimisation Team on 8406 1600.



Link-Up

Community Engagement

The Link-Up SA team have been busy over the last 6 months, attending community events and Link-Up service presentations. With the addition of new team members Rohan Carmody (Community Engagement Worker) and Rick Hartman (Team Leader), the Link-Up team have been able to deliver a high number of targeted service presentations to a wide range of audiences such as Social Work students, Bachelor in Health Science students, High School students, Councils, Service Providers and Health Organisations. Link-Up SA have been heavily involved in community events such as National Apology Day, National Sorry Day, Closing the Gap, Reconciliation Week and NAIDOC Week and as a result have created more awareness of our service amongst the community and other service providers.



Training

The Link-Up team have continued their performance development by attending training such as the Certificate IV in Stolen Generations Family Research and Case Management, the SEWB Workforce Support Unit Statewide Forum and the Marumali Program (working with Stolen Generation clients)

Four Wheel Drive Training

A majority of our client reunions take place in remote locations and this requires staff to travel long distances and often on unsealed roads. The team have all participated in a one day four wheel drive training course to help their develop their off-road driving skills. The course was fun, very helpful and gave the team the necessary skills to handle any tricky situation they may find themselves in whilst travelling on or off road.



Taingiwilta Men's Group

From its infancy to now the Taingiwilta Men's Group keeps going from strength to strength. This picture was from our last men's camp at Marion Bay when we on the water for the day catching up a storm of nannygai or red snapper as well as a few other species. As you can see the brothers were having a ball.

As mentioned in the past, each fortnight the men gather in the community hall at Nunkuwarri Yunti and spend time talking about issues that have impacted on their lives, talking and planning about community events they can support or looking at social events they can attend.

Over the last few months the Men's group have been working with Women's group to develop the clap sticks for the 10 Anniversary of Kevin Rudd's Apology to Stolen Generations and on the 13th of last month both the Men and Women's group lead the Apology walk from Victoria Square up to Veal Gardens. As I walk with both the Men and Women's group I was remind that this is how real healing occurs when a community of people stand and walk in acknowledgment of the harm caused by removing children from the parent and families. Being a stolen generation men's group, the brothers are always mindful of the importance of family and community and of the need to not only continue in their own journey of healing but how to support all Aboriginal people in this journey, but as you can see it's not always about sadness and it doesn't always have to be serious and there is always time for fun and a laugh and on the camp at Marion Bay there was plenty of both.



Strong Mums Strong Kids

Update June 2018

As this financial year's funding comes to a close, we thought it was time for an update of the service.

Last year we have held 6 clinics, 45 children have been seen and 14 children referred for ENT surgery. That's 14 children who will benefit from intervention to improve their ear health and all the positive benefits that flow on from this surgery.

We've also had children being assessed given Speech Therapy and followed up by the SMSK staff for support with NDIS and other external referrals.

For anyone who has been around on a Friday when the Healthy Ears Clinics have been held you will have seen we have had the pleasure of having the Captains from the Starlight Foundation with us to entertain the children while they wait for their appointments. It has been such a bonus having Captain Sparkle, Groove and Slinky sing, play and make the most amazing animals out of balloons.



What's next?

Next financial year we have 6 Healthy Ears Clinics booked and Alison Spurr our Speech Therapist will be seeing children at both Brady and Wakefield Street one Tuesday each month.

Below are some details:

2018-9 Healthy Ears' clinics

August 24	Wakefield St
October 19	Brady St
December 12	Wakefield St
February 8	Brady St
April 5	Wakefield St
May 31	Brady St

At the clinics we will have ENT Alethea Grobler seeing adults in the morning and children in the afternoon. Two Audiologists from the Children's Audiology Service will be providing Hearing Assessments. The Captains will be there entertaining us all and either Jane Carlisle (Child Health Nurse Brady Street) or myself will be co-ordinating.

How to access this service?

Children / Young adults (0-21 year old) can be referred internally in Communicare via the PCS Internal Referral: Healthy Ears for Hearing, Speech or ENT.

We can also take external referrals via the SMSK external referral form on Nunkuwarrin Yunti's website.

I will be away until mid October, so all referrals will be managed by Jane.

Regards Mary Houlahan

Any queries, please contact Jane on Tuesday or Friday at Brady Street. janec@nunku.org.au

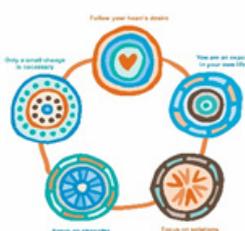
ANFPP



The Nunkuwarrin Yunti Family Partnership Program has reached the six month mark in its implementation phase. We now almost have a full complement of staff with recruitment taking place for an administration officer. Our project officer Kellie Howe recently finished her six month contract in helping set up the program.

The team consists of:

- Glenda Woodall - Nurse Supervisor**
- Tanya Michelle - Family Partnership Worker**
- Lynnette Wanganeen-Family Partnership Worker**
- Tash Scott-Weetra-Family Partnership Worker**
- Anouska Hodge-Nurse Home Visitor**
- Hilary Lampard-Nurse Home Visitor**
- Glenda Woodall-Nurse Home Visitor**
- Ginny Healy-Program Manager**



We have had a very busy six months setting up the service. In-between sourcing materials for the program, producing marketing material and engaging with stakeholders, we have held an Elders' day to introduce the service to our valued community members. We hope to hold a 'Launch Day' later on in the year. Aunty Irene also recently

'smoked' our home. We all also had the opportunity to be 'smoked' ourselves.



The team have been back and forth to Brisbane to complete all their mandatory training in preparation for the first clients onto the program. Lynnette has also completed two days' training in narrative therapy to complement her already gained knowledge. This training will be most useful for our clients.

We now have four clients who have consented to be part of the program with a further possible one referral in the pipeline. It's an exciting time for us!

We are now actively accepting referrals from self-referrals, Nunkuwarrin Yunti and other external organisations. If you have any first time mums who are having an Aboriginal baby and live within the Port Adelaide Enfield and Playford City Council regions, whom you think would like to be part of our program, then please contact us.

We are available on 8150 5000, via email on nyfpp@nunku.org.au or complete a referral form, which details our referral criteria and is available in Communicare.

ANFPP

We are also lucky enough to have two Ambassadors for the program.

They are:

Kahlia and Chrystal; two local mums from the Adelaide area. They were invited in for a photo shoot with a local designer.

Kahlia had only recently given birth to her new baby Kayah and she was only a few weeks old for her first photoshoot.

Congratulations to Chrystal, who was pregnant for the photoshoot but has very recently given birth to her new baby girl Aurah.

Keep an eye for their lovely photos on our promotional flyers!



Tackling Tobacco

World No Tobacco Day – 1 June 2018

World No Tobacco Day for the Aboriginal Community in Adelaide! And Troy Cassar-Daley came to perform for us

Nunkuwarrin Yunti of South Australia Inc hosted a World No Tobacco Day event at Whitmore Square on Friday the 1st June 2018 with over 350 people in attendance.

Australian music icon Troy Cassar-Daley was the headliner of the event, performing some of our favourite country songs, accomplished singer songwriter Nancy Bates also performed. There was a range of activities for the whole family including jumping castle, face-painting, massage and pop up barber shop.

Our World No Tobacco Day was all about promoting our Be Healthy, Be Smoke-free message, having a Smoke-Free event and encouraging quit smoking support from the Tackling Tobacco team.



As Nunkuwarrin Yunti CEO Vicki Holmes says,

"This is about making a positive impact through a fun day for the community. We love to see whole families out there amongst it, while taking home the smoke-free message."

This event was an awesome family friendly day. Participants choose to take the pledge about becoming smoke-free, encouraging others to be smoke-free or supporting smoke-free pregnancies. If you made the pledge you received a shirt which promotes our Tackling Tobacco artwork.

Some of the feedback from our deadly community;

"The best day I had today thank you [Tackling Tobacco Team - Nunkuwarrin Yunti](#)"

"Was a great day, made my day a great one"

"Deadly Day - Coming together Strong and Happy"

"Very good vibes and range of activities"

The World No Tobacco Day event was initiated by the Tackling Tobacco Team at Nunkuwarrin Yunti of South Australia Inc. The Teams aim is to engage the local community to live a healthy and smoke-free lifestyle, under the auspice of national Close The Gap programme, 'Tackling Indigenous Smoking'. The Tackling Tobacco Team work to fight one of the most preventable causes of chronic disease and death for Aboriginal Australians.

Tackling Tobacco

Wandana Primary School – Colour Fun – 5 July 2018

Daniel Sumner and Lauren Hill from the Tackling Tobacco team attended Wandana Primary school on 5th of July to help conduct a Colour Fun Run for their school.

Wandana PS started the morning with learning activities followed by face painting, jumping castle, basket weaving, Nunga painting and many more fun activities throughout the day. The Tackling Tobacco team set up in the Nunga room, talking to students, parents and teachers about the effects of smoking. We were lucky enough to join the kids and parents with some homemade Kangaroo stew and damper to warm our bones on the cold and rainy day.

As cold, wet and windy as it was, 2pm came and the students were all ready to get dirty with colour and run laps around the school.

Thank you to Wandana Primary School, we had so much fun!



NAIDOC Week- 8 -15 July 2018

NAIDOC Week is always one of the busiest weeks throughout Australia, so the Tackling Tobacco were busy with back to back events throughout the week. Kicking off the week at the Opening Ceremony for the SA Naidoc Awards at the Grand Chancellor Hotel, it was lovely to see such amazing community members being acknowledged and honored.

Tuesday we were at Yatala Men's Prison, we set up a table with quit support information and enjoyed a lovely BBQ cooked by the brothers there.

Next we set up a stall at the Royal Adelaide Hospital and at The Adelaide Remand Centre.

Finally, we were at Adelaide's Family Fun Day at Tarntanyangga, wow what a day! We couldn't have asked for better weather and numbers of people that came to the event and marched. A sea of Red, Black and Yellow paved the streets of Adelaide. The Tackling Tobacco team and Nunkuwarrin Yunti Staff were busy all day at their stall yarning with the community and helping them to take the pledge to give up smoking or support someone to give up, then they received a deadly shirt.



Upcoming Events

August – We will be conducting a series of cooking classes for quit support workshops (Stay tuned for more details)

October 28th– Colour Fun Run at Regency Park

Wednesday's – Aqua Aerobics and Gym – North Adelaide Aquatic Centre 11am-2pm (11:30am Aqua Aerobics Start)

Friday's – Aqua Aerobics and Gym – Aquadome Elizabeth 12pm-3pm (2:00pm Aqua Aerobics Start)

Stay tuned for more events, information and facts through our Tackling Tobacco Facebook page, Instagram or our website

Facebook: <http://www.facebook.com/au/tacklingtobacco>

Instagram: @notupinsmokes

#BeHealthyBeSmokeFree

<https://tacklingtobacco.nunku.org.au/>

UPCOMING EVENTS

Christies Beach Open Day

Wednesday 12th of September 2018
10:00 am - 2:00pm
17 Beach Road, Christies Beach

Nunkuwarnin Yunti Community Fun Day

Wednesday 10th of October 2018
10:00 am - 3:00pm
Whitmore Square, Adelaide

UPCOMING TRAINING

Sept 27th-28th:

Aboriginal and Torres Strait Islander Mental Health First Aid (2 days)

Sept 17th:

10506NAT – Certificate IV in Stolen Generations Family Research & Case Management

CURRENT VACANCIES

RTO Project Officer

Closes Monday 10th September 5pm

SEWB Workforce Support Project Officer

Closes Monday 3rd September 10am

For more info go to: <http://nunku.org.au/working-with-us/current-vacancies/>

There will be more vacancies advertised before the end of the year so 'watch this space'!

Nunkuwarnin Yunti Locations



182-190 Wakefield Street, Adelaide



28-30 Brady St, Elizabeth Downs



80 South Terrace, Adelaide (Education and Training purposes only)



94 Grand Junction Road, Kilburn (Tackling Tobacco via appointment)

Tel: (08) 8406 1600
Centre Fax: (08) 8232 0949
Health Fax: (08) 8223 7658
Office Hours: Monday-Friday 9am-5pm

Tel: (08) 8254 5300
Fax: (08) 8254 9182
Office Hours: Tuesday-Friday 9am-5pm

Tel: (08) 8168 8300
Fax: (08) 8212 6777
Office Hours: Monday-Friday 9am-5pm

Tel: (08) 8406 1600
Fax: (08) 8169 7210
Office Hours: Monday-Friday 9am-5pm



141 Henley Beach Road, Mile End



17 Beach Road, Christies Beach

Tel: (08) 8150 5000
Fax: (08) 8223 7658
Office Hours: Mon-Fri 9.00-5.00pm

Tel: (08) 8187 3400
Fax: (08) 8187 3480
Office Hours: Mon-Fri 9.00-5.00pm